

# CS Combine Meeting

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# 46 y/o female

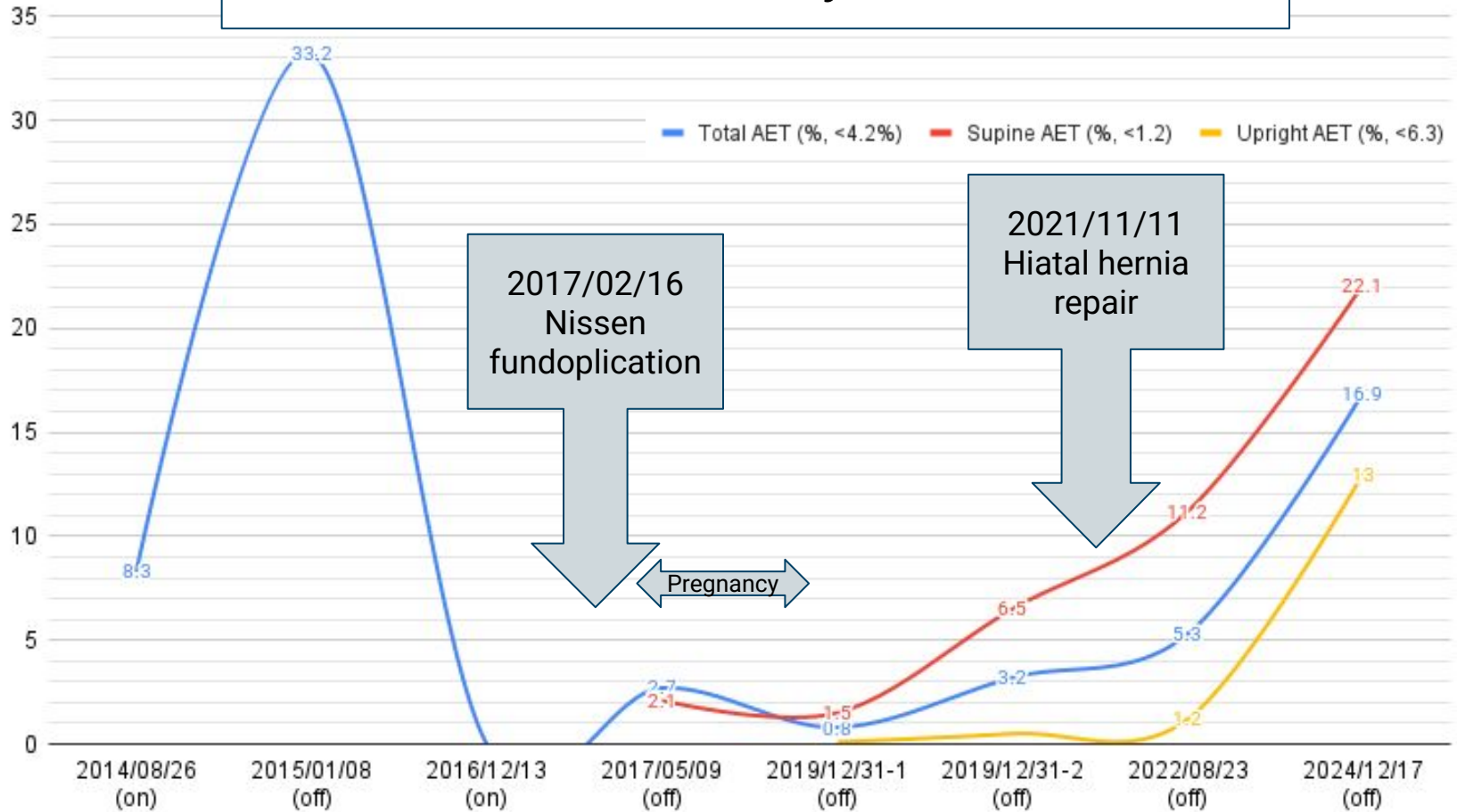
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2014/8/6 The patient has had acid regurgitation and chest tightness for 10 years, worse when lying down. Symptoms include heartburn, dyspepsia, and burning throat, especially at night.

- Currently on esomeprazole, mosapride, and zopiclone with partial relief. GERD was diagnosed by upper endoscopy at CMUH.
- No history of alcohol use or smoking. No other significant medical conditions reported.

AET(%)

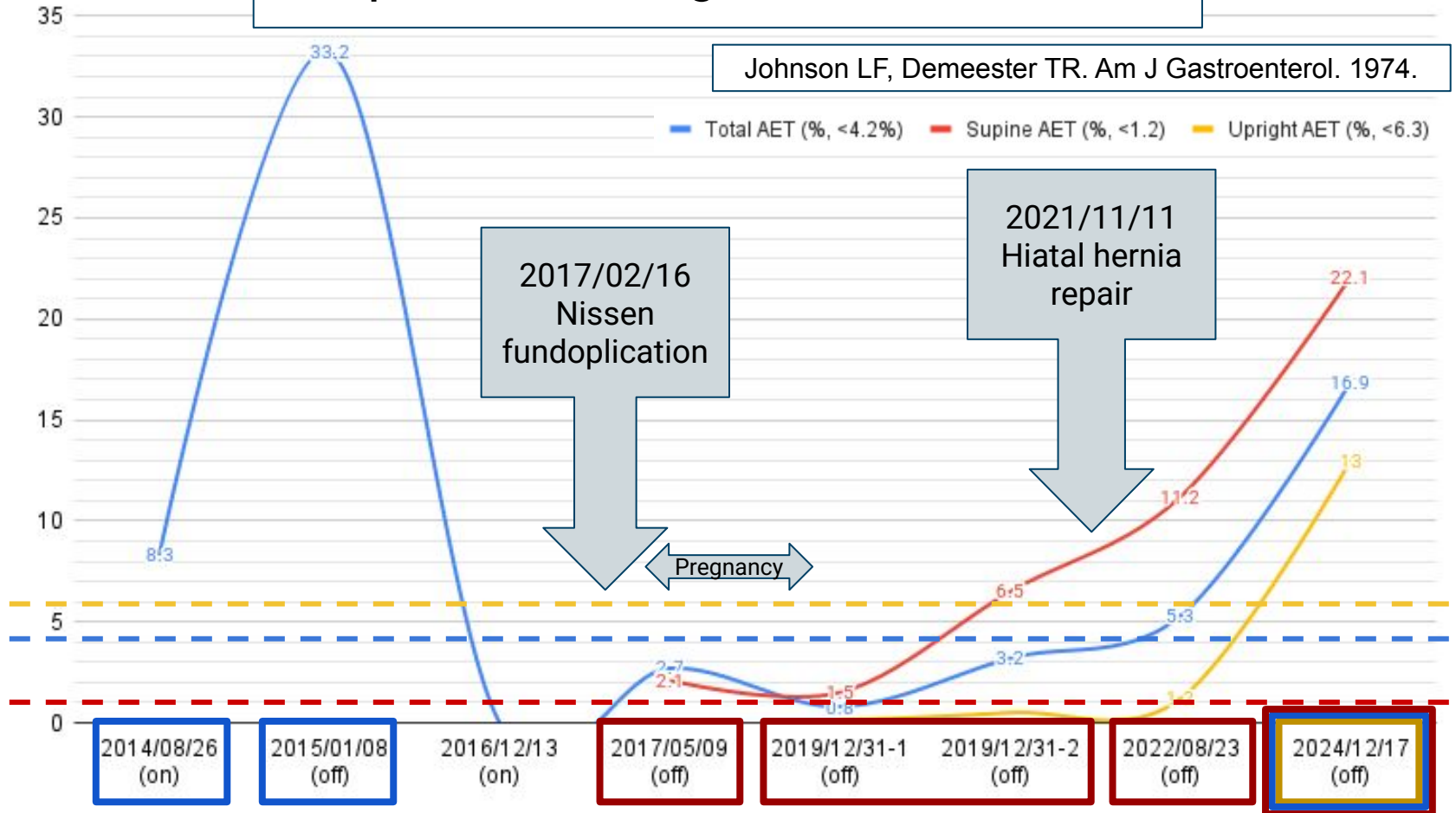
# True refractory GERD?



AET(%)

# pH monitoring: Old-fashioned

Johnson LF, Demeester TR. Am J Gastroenterol. 1974.



	UNPROVEN GERD ENDOSCOPY, WIRELESS pH STUDY, 24 HOUR pH OR pH IMPEDANCE, HRM <i>off therapy</i>			PROVEN GERD ENDOSCOPY, 24 HOUR pH IMPEDANCE <i>on therapy</i>
	ENDOSCOPY	pH or pH-IMPEDANCE	HRM	ENDOSCOPY pH-IMPEDANCE
CONCLUSIVE EVIDENCE FOR PATHOLOGIC REFLUX	LA grades B, C&D esophagitis Biopsy proven Barrett's mucosa Peptic esophageal stricture	AET>6% on 24 hour studies AET>6% on ≥2 days on wireless studies		LA grades B, C&D esophagitis Peptic esophageal stricture AET>4%, reflux episodes>80
BORDERLINE OR INCONCLUSIVE EVIDENCE	LA grade A esophagitis	AET 4-6% on 24 hour studies AET 4-6% on ≥2 days on wireless studies Total reflux episodes 40-80/day		LA grade A esophagitis AET 1-4% Total reflux episodes 40-80/day MNBI 1500-2500 Ω
ADJUNCTIVE OR SUPPORTIVE EVIDENCE*	Hiatus hernia Histopathologic scoring systems Electron microscopy of biopsies	Reflux-symptom association Total reflux episodes >80/day MNBI<1500 Ω	Hypotensive EGJ Hiatus hernia IEM/absent contractility	Hiatus hernia MNBI <1500 Ω Reflux symptom association
EVIDENCE AGAINST PATHOLOGIC REFLUX		AET<4% each day of study** Total reflux episodes<40/day MNBI>2500 Ω		AET<1% Total reflux episodes <40/day MNBI>2500 Ω

# Hiatal hernia: Endoscopy

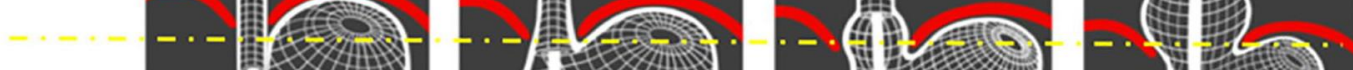
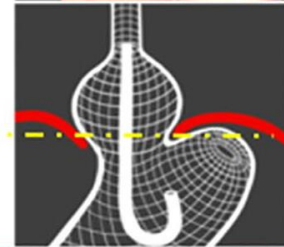
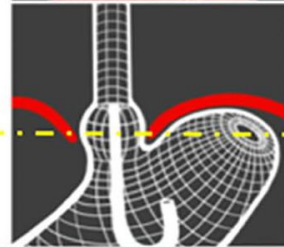
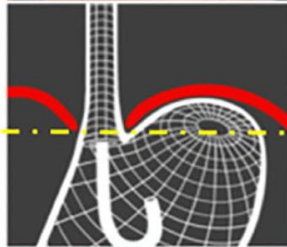
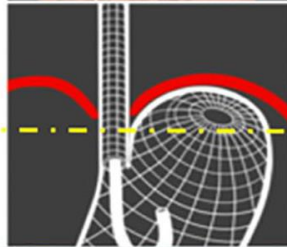
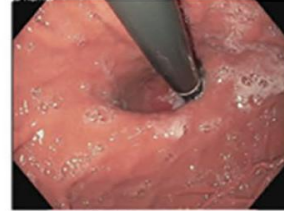
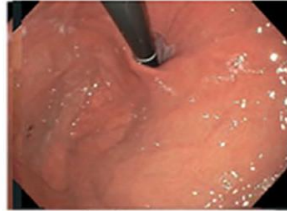
AFS Hiatus  
Grade

Grade 1  
Intact

Grade 2  
Partial disruption

Grade 3  
Moderate disruption

Grade 4  
Complete disruption



AFS Hiatus Grade

1

2

3

4

Hiatal axial Length, cm (L)

None (0 cm)

None (0 cm)

0-2 cm

>2 cm

Hiatal aperture, cm (D)

Snug to scope  
1 cm

Loose  
1-2 cm

Open  
2-3 cm

Wide open  
>3 cm

Flap valve (F)

Present, full lip with  
Omega shape (F+)

Absent, thinning &  
flattening valve lip (F-)

Absent (F-)

Absent (F-)

LDF components

L0, D1, F+

L0, D1-2, F-

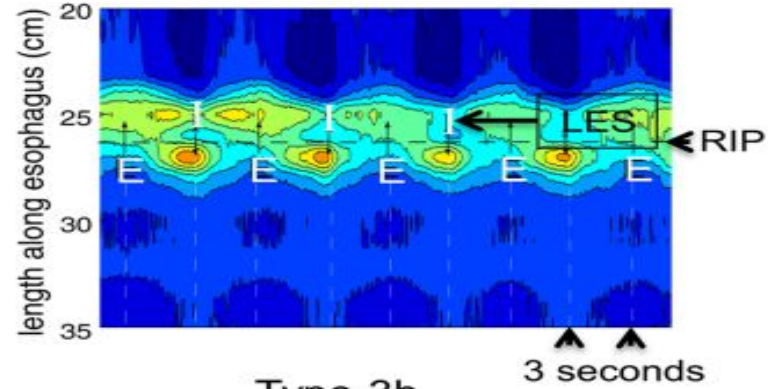
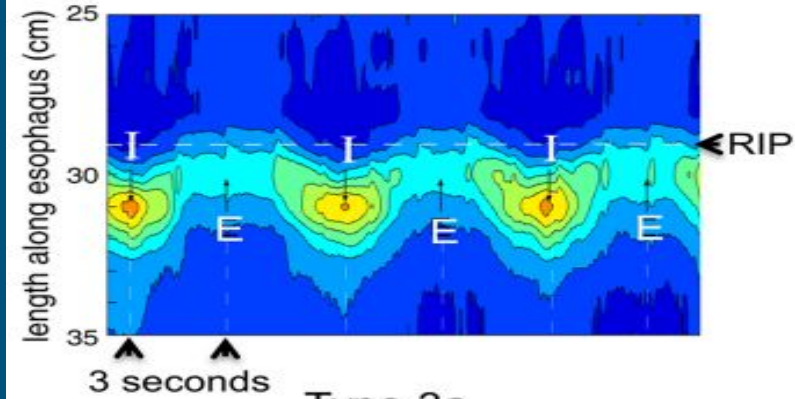
L0-2, D2-3, F-

L>2, D>3, F-

# Hiatal hernia: HRIM

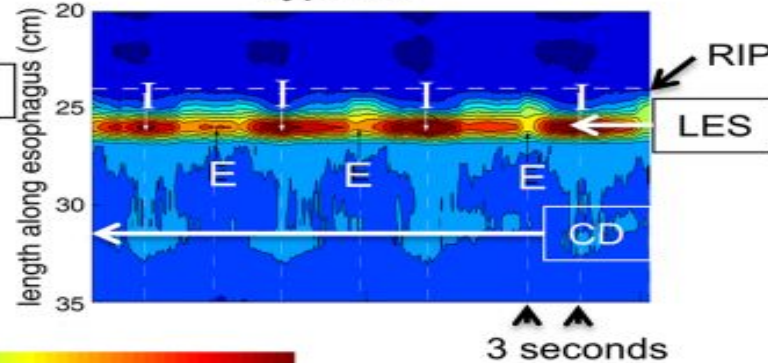
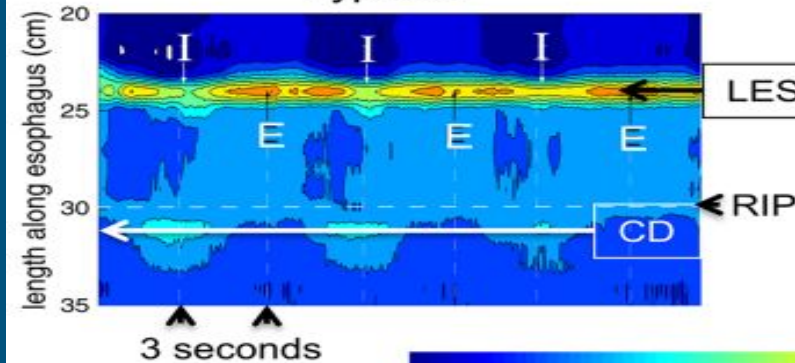
Type 1

Type 2



Type 3a

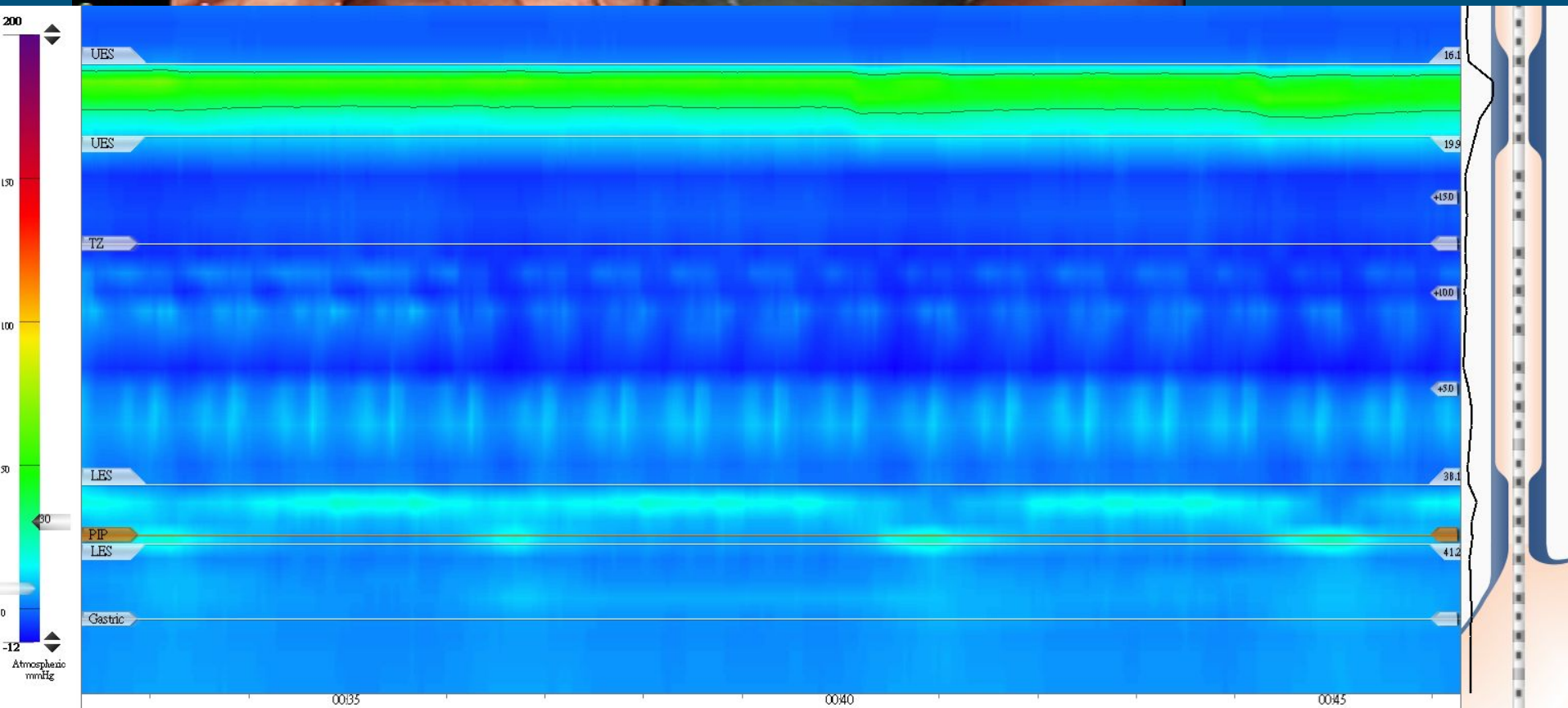
Type 3b



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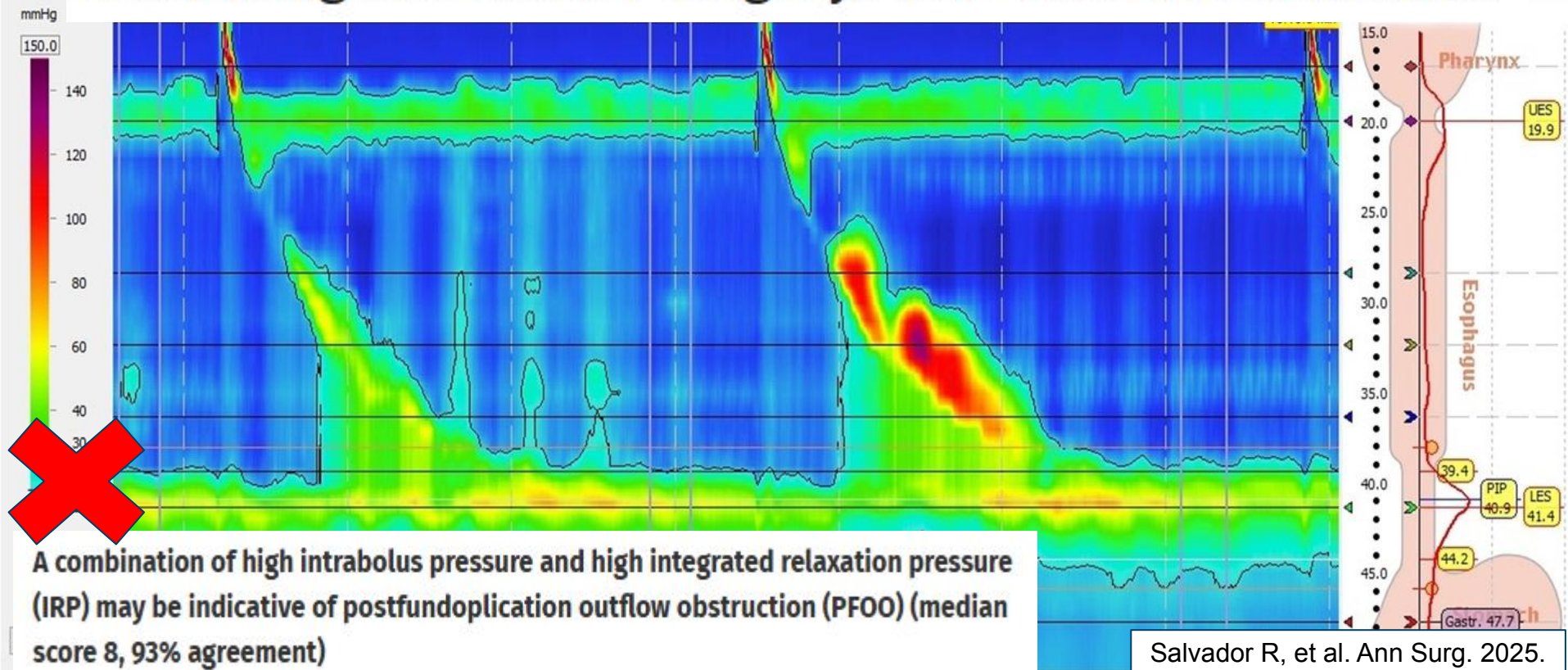
2016/12/13: HRIM

Type 2 (LES 39cm / Crura 41cm)



# The Role of High-Resolution Manometry Before and Following Antireflux Surgery: The Padova Consensus

AN369E



# 2017/4~2018/1 Pregnancy with symptoms

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Since 4 months of pregnancy, the patient had chest tightness and nausea. Symptoms improved after starting PPI.

- No GERD symptoms after delivery.

# 2019/3 Post-fundoplication (2 years)

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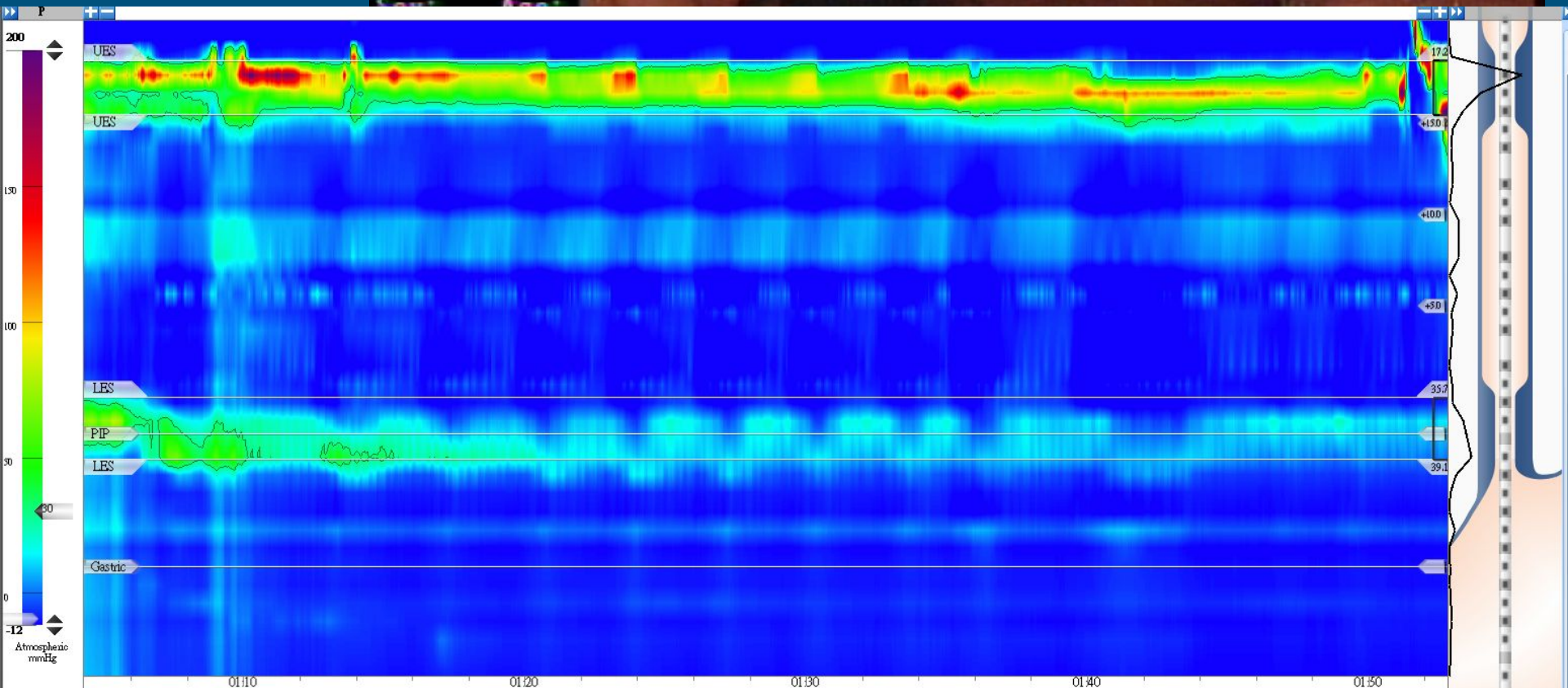
The patient had nocturnal cough, chest tightness, and acidic vomiting.

- After 9 months, she was inability to lie down and had intermittent cough, with weight gain (58kg -> 69 kg).

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2019/12/31: HRIM

Type 3a (LES 38cm / Crura 43cm)



(16)手術日期及  
方法(包括手術  
發現)

1101111

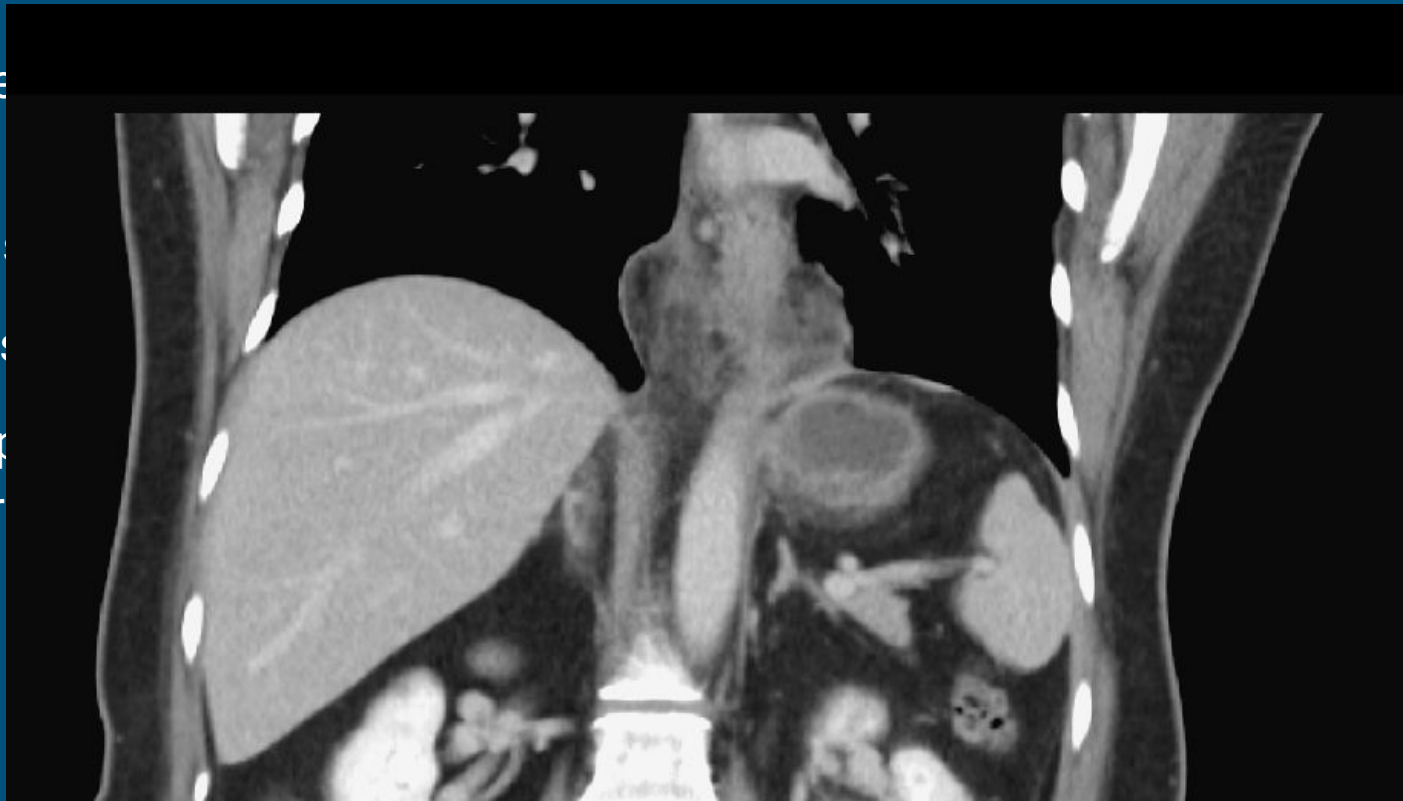
Ureteroscopy & removal of ureteral stone -with SONO/EHL  
Laparoscopic adhesionolysis  
Repair of diaphragmatic hernia trans-abdominal

Night cough and he  
weekly (symptoms

- Weight decrea

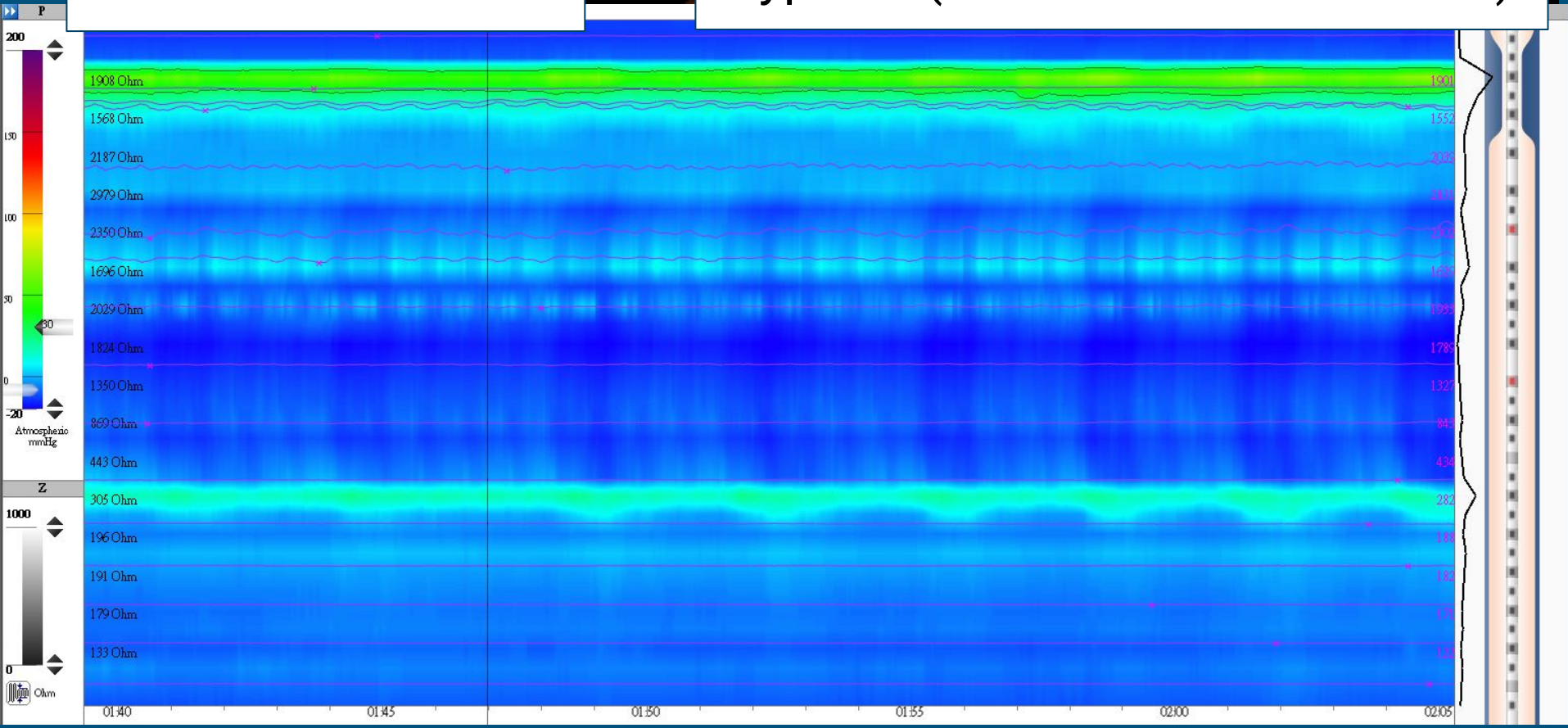
On 2021/11, she vis

- Chest CT: relat
- s/p further her



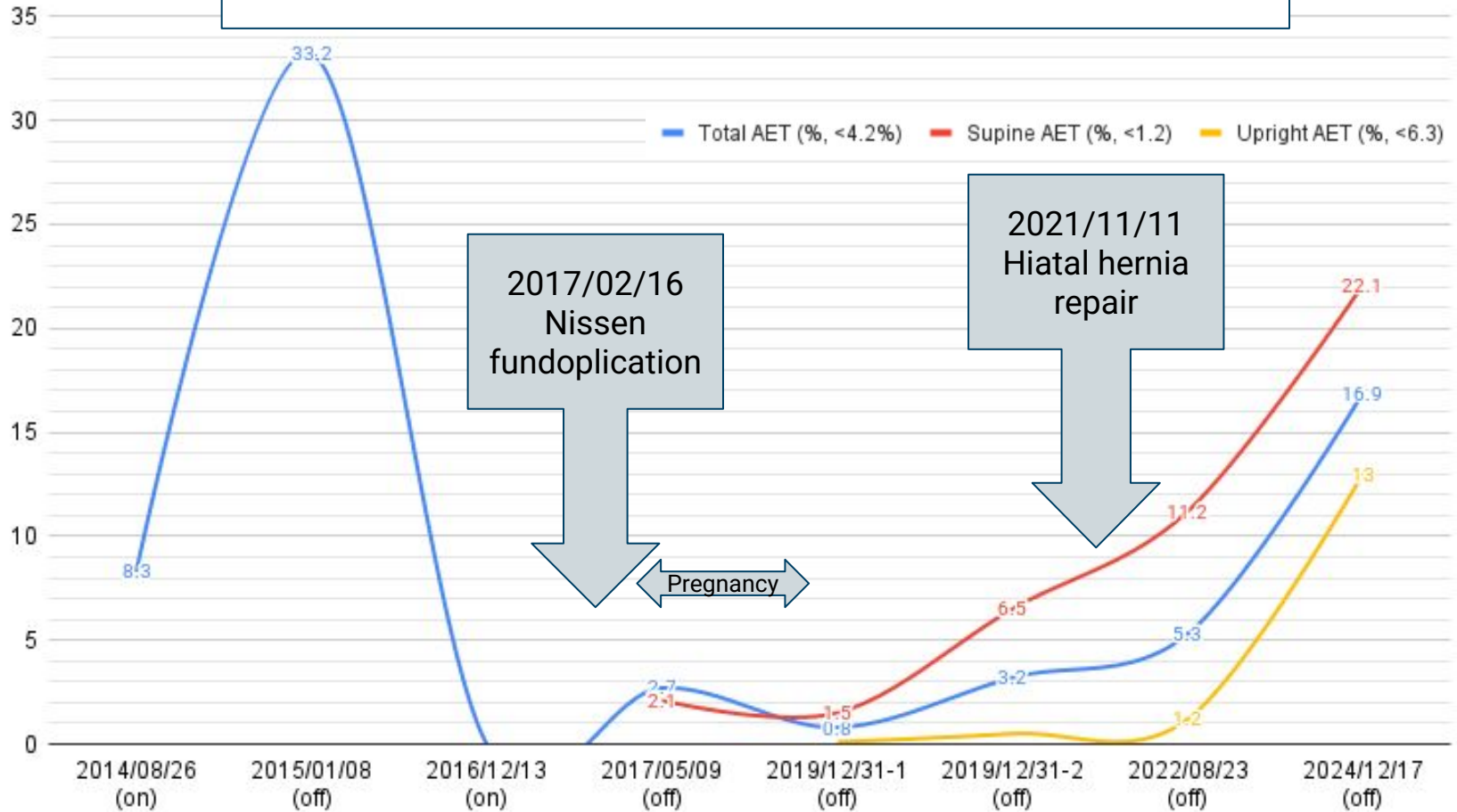
2022/8/23: HRIM

Type 3a (LES 40cm / Crura 43cm)



AET(%)

# Risk factors? What's next?



# Success predictor?

26/174 (14.9%) redo within 11 years

	<i>N</i> (%)	Success rate <i>N</i> (%)	<i>P</i> value	OR
BMI				
< 35 kg/m <sup>2</sup>	83 (92)	65 (78)	0.036	4.81
≥ 35 kg/m <sup>2</sup>	7 (8)	3 (43)		
Complete/ partial response ARM	96 (79)	74 (77)	0.035	2.64
No response ARM	25 (21)	14 (56)		
No psychiatric history	20 (18)	71 (76)	0.064	2.53
Psychiatric history	94 (82)	11 (55)		
Typical symptoms	123 (81)	104 (85)	<0.01	7.75

# Nature of BMI?

## 124 failure cases within 5 years

	<30 (n=62, 50 %)	30–35 (n=38, 30.6 %)	>35 (n=24, 19.4 %)
Fundoplication			
Intact	25 (40.3 %)	10 (26.3 %)*	4 (16.7 %)*
Slipped	21 (33.9 %)	15 (39.5 %)	9 (37.5 %)
Disrupted	12 (19.4 %)	10 (26.3 %)	10 (41.7 %)*
Twisted	4 (6.5 %)	3 (7.9 %)	1 (4.2 %)
Recurrent hiatal hernia (%)	40 (65.6 %)**	35 (92.1 %)*	20 (83.3 %)
Recurrent hiatal hernia size (cm), mean	2.15	2.95	2.26
Failed fundoplication and hiatal hernia	29 (46.8 %)**	27 (71.1 %)*	17 (70.8 %)*

\* $p < 0.05$ , compared with BMI <30; \*\* $p < 0.05$ , compared with BMI 30–35 + BMI >35

# Supine AET matter?

11/177 (6.2%) redo within 6 years (6-22 months)

	Surgical reintervention ( <i>n</i> = 11)*	No surgical reintervention ( <i>n</i> = 166)*	Odds ratio†
<b>Demographics</b>			
Age (years)‡	44.4 (33.6–56.0)	43.0 (33.1–53.0)	1.01 (0.96, 1.06)
Sex (M)	8 (73)	102 (61.4)	1.67 (0.43, 6.54)
Body mass index (kg/m <sup>2</sup> )‡	26.0 (25.0–28.0)	26.1 (23.9–29.4)	0.96 (0.81, 1.13)
<b>Upper gastrointestinal endoscopy</b>			
Hiatal hernia size (cm)‡	3.5 (1.8–5.0)	3.0 (2.0–5.0)	0.96 (0.69, 1.32)
Oesophagitis	6 (55)	88 of 153 (57.5)	1.13 (0.33, 3.86)
Mean LOS pressure (kPa)‡	0.6 (0.4–1.4)	1.0 (0.6–1.7)	0.58 (0.24, 1.39)
<b>Oesophageal peristalsis‡</b>			
Peristaltic contractions (%)	90 (80–100)	100 (90–100)	0.99 (0.96, 1.02)
Distal contraction amplitude (kPa)	7.1 (5.3–10.6)	7.6 (5.6–12.0)	0.99 (0.85, 1.14)
<b>Oesophageal acid exposure (% time)‡</b>			
Upright	13.7 (8.6–20.7)	12.8 (8.9–19.4)	0.99 (0.92, 1.06)
Supine	22.2 (3.2–46.1)	5.7 (1.1–15.3)	1.05 (1.01, 1.08)
Total	19.7 (7.3–24.0)	11.4 (7.6–16.1)	1.05 (0.99, 1.10)

# Ideas from more cases?

430/9462 (4.5%) redo with 8.3 average follow

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- Redo fundoplication (81%):
  - 35 patients (8.1%) underwent **two or more revisional** procedures.
  - Average at 2.5 years.
- Factors associated with revisional surgery:
  - **Female** gender (OR 1.56,  $p = 0.0001$ )
  - **Chronic pulmonary disease** (OR 1.40,  $p = 0.0044$ )

# Repair only reasonable?

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- Cruroplasty only (26 patients) vs. Cruroplasty + fundoplication (47 patients)
- Comparable in **short term outcome**
  - 1.64 years (mean follow-up)
  - Recurrence rate 11% (cruroplasty only) vs. 12% (full revision, p-value 1.00)

# QA & Feedbacks

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- Conservative medical treatment?
- Redo Anti-reflux surgery?
  - Hiatal hernia repair
  - Fundoplication (Dor, Toupet or Nissen)
  - Roux-en-Y gastric bypass
- Extra consideration?
  - Anatomy issue
  - Devices or Technical issue